

## Marilyn Sepulveda Information

April 12, 2010

UNM

**Head Coach MUST be a current member of NMHSCA & NMTCCCA**

**Girls** – Sheryl Clemmer [clemmer@aa.edu](mailto:clemmer@aa.edu) or [clemmer\\_s@msn.com](mailto:clemmer_s@msn.com) 828-3347(s) 890-6695 (h)  
828-3126 FAX

**Boys** – Gary Sanchez [sanchez\\_ga@aps.edu](mailto:sanchez_ga@aps.edu) or [sanchez\\_ga@msn.com](mailto:sanchez_ga@msn.com) 881-9023 (h) 328-2346 (c)

**Please send Home & Cell Phone numbers to our email addresses by Monday, April 5<sup>th</sup>. We have to be able to contact coaches to finalize all our meet entries.**

**Saturday – April 3rd Final Qualifying Meet (Times & Marks after that not allowed)**

**\*\*\*\*\*Monday – April 5th Final Entries must be posted by 6pm on the Direct Athletics website. We are using a mark/time for beginning our seeding – just because you post your athlete do not assume that they are attending. We will call as described below.**

Tuesday - April 6th We are seeding the meet with all the information and making the performance lists strictly by the actual times/marks posted.

Wednesday – April 7th We will call as many coaches as possible beginning at 6:30pm – 10:00pm to find out, if the athlete will attend and/or designate which event(s) the athlete will choose, if multiple events are in the top 8 times/marks.  
\*We start with the best times/marks to find out if the athlete will participate and go down through each event list. Remember we are trying to get the top 8 athletes into each event when possible. We try to find a cutoff in the distance & field events that makes it fair and reasonable (close to 8 athletes).

Thursday – April 8th Complete any questions or calls that evening to firm up all the entries.

Friday – April 9th Complete all the entry sheets for print

Saturday – April 10th Run off the programs

We always need coaches to help with running this meet. If you are interested in helping please let us know. Thanks and good luck the rest of this season ☺

The tentative cutoff marks/times are as the follows:

### Field Events

Triple Jump	Girls (33')	Boys (41')
Pole Vault	Girls (8'9")	Boys (12'0")
Discus	Girls (100')	Boys (130')
High Jump	Boys (6'0")	Girls (5'0")
Shot Put	Boys (43')	Girls (33')
Javelin	Boys (160')	Girls (110')
Long Jump	Girls (16'0")	Boys (20')

### Running Events

110 Meter Hurdles	Boys (16.0)	
100 Meter Hurdles	Girls (17.2)	
100 Meter Dash	Boys(11.10)	Girls(12.95)
1600 Meter Run	Boys(4:50)	Girls(5:45)
400 Meter Dash	Boys(52.0)	Girls(1:03)
300 Meter Hurdles	Boys(43.0)	Girls(50.0)
800 Meter Run	Boys(2:05)	Girls(2:33)
200 Meter Dash	Boys(23.0)	Girls(27.5)
3200 Meter Run	Boys(10:20)	Girls(12:45)