

TOP TEN in Albuquerque Girls Track & Field  
As of March 27, 2010

400 RELAY

1. Cibola	50.87
2. Volcano Vista	50.91
3. Highland	51.30
4. St. Pius	51.38
5. La Cueva	51.61
6. Manzano	52.56
7. Del Norte	52.59
8. Sandia Prep	52.92
9. Sandia	53.12
10. Valley	53.31

800 RELAY

1. Highland	1:47.08
2. Cibola	1:48.56
3. La Cueva	1:50.30
4. Academy	1:50.51
5. Volcano Vista	1:50.82
6. Eldorado	1:52.49
7. Manzano	1:53.91
8. Del Norte	1:54.47
9. Sandia	1:54.97
10. Sandia Prep	1:54.98

1600 MEDLEY

1. Academy	4:16.30
2. Eldorado	4:33.88
3. St. Pius	4:34.46
4. La Cueva	4:35.19
5. Del Norte	4:35.85
6. Sandia	4:41.22
7. Volcano Vista	4:41.49
8. Highland	4:42.10
9. Valley	4:42.77
10. Albuquerque	4:45.60

1600 RELAY

1. La Cueva	4:05.32
2. Academy	4:07.67
3. Highland	4:17.16
4. Sandia Prep	4:19.38
5. Eldorado	4:20.29
6. Albuquerque	4:21.66
7. Manzano	4:22.40
8. Cibola	4:22.66
9. Sandia	4:22.74
10. St. Pius	4:23.07

100 METERS

1. Krista Armstead	Sandia Prep	12.22
2. Sondai Lonsome	Manzano	12.29
3. Ebony Owens	Highland	12.37
4. Jalen McGee	St. Pius	12.72
5. Briana Chirpas	Volcano Vista	12.76
6. Gina Okoye	Eldorado	12.78
7. Stephanie McCorkle	Volcano Vista	12.84
8. Lashira Adams	Highland	12.94
9. Jalyn Espinoza	West Mesa	12.98
10. Janelle Lucero	Cibola	12.98

200 METERS

1. Krista Armstead	Sandia Prep	25.08
2. Sondai Lonsome	Manzano	25.65
3. Ebony Owens	Highland	26.05
4. Katie Amershek	Cibola	26.38
5. Jalen McGee	St. Pius	26.87
6. Caress Simpson	Cibola	27.03
7. Lucretia Vigil	Rio Grande	27.25
8. Carly Browning	La Cueva	27.44
9. Jalyn Espinoza	West Mesa	27.49
10. Angela Mathew	Academy	27.50

400 METERS

1. Mikey Brown	La Cueva	60.54
2. Paige Throckmorton	Academy	60.73
3. Cessie Ballou	St. Pius	60.84
4. Amanda Throckmorton	Academy	60.86
5. Maggie Sabick	La Cueva	61.04
6. Sofie Schunk	La Cueva	61.93
7. Liz Williams	St. Pius	62.18
8. Carly Browning	La Cueva	62.22
9. Lucretia Vigil	Rio Grand	62.59
10. Ebony Owens	Highland	63.58

800 METERS

1. Paige Throckmorton	Academy	2:18.43
2. Amanda Throckmorton	Academy	2:20.14
3. Kristy Hannah	Eldorado	2:24.05
4. Carly Porter	La Cueva	2:25.42
5. Caroline Lewiecki	Manzano	2:25.60
6. Emma Durkin	St. Pius	2:27.30
7. Sofie Schunk	La Cueva	2:27.98
8. Carly Browning	La Cueva	2:29.28
9. Beth Wright	Albuquerque	2:29.90
10. Katie Jackson	Albuquerque	2:30.46

1600 METERS

1. Julia Foster	Academy	5:02.90
2. Amanda Throckmorton	Academy	5:18.13
3. Paige Throckmorton	Academy	5:25.03
4. Megan Dunlap	Academy	5:32.29
5. Katie Jackson	Albuquerque	5:35.81
6. Diana Hawk	Eldorado	5:36.21
6. Jordan Grace	La Cueva	5:36.21
8. Jenna Thurman	Del Norte	5:37.22
9. Emma Durkin	St. Pius	5:37.91
10. Caroline Lewiecki	Manzano	5:38.28

3200 METERS

1. Julia Foster	Academy	11:08.03
2. Jordan Grace	La Cueva	12:07.46
3. Jenna Thurman	Del Norte	12:11.47
4. Kristy Hannah	Eldorado	12:20.42
5. Megan Dunlap	Academy	12:30.05
6. Camille Davis	Eldorado	12:31.45
7. Elisa Woody	Volcano Vista	12:31.87
8. Ivana Aragon	Del Norte	12:37.52
9. Gabby Ellison	Cibola	12:39.05
10. Ariel Fife	Cibola	12:39.38

## TOP TEN in Albuquerque Girls Track & Field As of March 27, 2010

### 100 HURDLES

1. Kaylin Martin	La Cueva	15.80
2. Katie Thompson	Sandia	15.95
3. Anicka Newell	Highland	16.28
4. Krista Armstead	Sandia Prep	16.48
5. Marie Rossillon	Eldorado	17.07
6. Rhesa Mitchell	Manzano	17.08
7. Stephanie Brenner	La Cueva	17.47
8. Rhesa Mitchell	Eldorado	17.47
9. Isshiah Meade	Highland	17.73
10. Mariah Rast	La Cueva	17.91

### 300 HURDLES

1. Krista Armstead	Sandia Prep	45.60
2. Kaylin Martin	La Cueva	47.55
3. Marie Rossillon	Eldorado	47.68
4. Anicka Newell	Highland	47.98
5. Amanda Throckmorton	Academy	48.15
6. Christy Barela	St. Pius	48.27
7. Katie Thompson	Sandia	49.46
8. Rhesa Mitchell	Manzano	50.02
9. Maria Rast	La Cueva	50.31
10. Victoria Archuleta	Albuquerque	50.67

### SHOT PUT

1. Sami Sword-Fehlberg	Manzano	33' 7"
1. Kaleigh Luster	Volcano Vista	33' 7"
3. Sarah Weber	St. Pius	32' 5"
4. Jackie Apodaca	Manzano	31' 7"
5. Lashira Adams	Highland	31' 4"
5. Edwina Peel	Cibola	31' 4"
7. Rachel Ney	La Cueva	30' 10 ½"
8. Madeline Muraida	Academy	30' 8"
9. Destiny Bragman	Manzano	30' 7"
10. Deshona Washington	Highland	29' 9 ½"

### DISCUS

1. Lashira Adams	Highland	110' 0"
2. Sarah Weber	St. Pius	105' 7 ½"
3. Jackie Apodaca	Manzano	105' 1"
4. Rachel Ney	La Cueva	103' 2"
5. Sami Sword-Fehlberg	Manzano	98' 9"
6. Nicole Wood	Manzano	87' 3"
7. Jazlyn Mooney	Eldorado	84' 9"
8. Madeline Muraida	Academy	83' 6"
9. Tara Crown	Eldorado	82' 10"
10. Rebecca Clews	Sandia Prep	82' 4"

### POLE VAULT

1. Anicka Newell	Highland	11' 2"
2. Bailey Lindsey	Cibola	8' 9"
3. Daisey Cortes	Academy	8' 6"
4. Katie Petrofes	La Cueva	8' 3"
5. Sydney Home	Sandia	8'
6. Bridgette Zaeski	Sandia Prep	7' 6"
Rachel Bean	Manzano	7' 6"
Riah Risk	Academy	7' 6"

### HIGH JUMP

1. Jennifer Perry	Academy	5' 2"
2. Sarah Rodriguez	Volcano Vista	5' 0"
3. Nuria Ortiz	Del Norte	4' 11"
4. Anna Fox	La Cueva	4' 10"
Shannon Glass	Sandia Prep	4' 10"
Laura Bernitsky	Academy	4' 10"
Victoria Perko	St. Pius	4' 10"
8. Marie Rossillon	Eldorado	4' 8"
Gabi Rivera	St. Pius	4' 8"

### TRIPLE JUMP

1. Ebony Owens	Highland	34' 5 ¾"
2. Anna Algermissen	Academy	33' 3 ½"
3. Sylla Bountouraby	Highland	33' 1"
4. Allyssa Coonrad	Volcano Vista	32' 1"
5. Aubrey Diz	La Cueva	32' ½"
6. Katrina Williams	Valley	31' 6"
7. Shannon Glass	Sandia Prep	31' 4"
8. Becca Barney	Academy	31' 1"
9. Jazlyn Mooney	Eldorado	30' ½"
10. Kaylin Martin	La Cueva	29' 6"

### LONG JUMP

1. Ebony Owens	Highland	17' 5"
2. Brianna Chirpas	Volcano Vista	16' 8 ¼"
3. Stephanie McCorkle	Volcano Vista	16' 3"
4. Alyssa Pfeiffer	La Cueva	15' 9 ½"
5. Katrina Smith	Sandia	15' 3"
6. Sylla Bountouraby	Highland	15' 2"
7. Kaylin Martin	La Cueva	15' 1"
8. Becca Barney	Academy	15' 0"
9. Aubrey Diz	La Cueva	14' 11 ¼"
10. Dichette Burrel	Cibola	14' 10 ¾"

### JAVELIN

1. Heather Denny	La Cueva	111' 9"
2. Jackie Stockton	Del Norte	109' 0"
3. Aubrey Diz	La Cueva	105' 0"
4. Sarah Weber	St. Pius	101' 4"
5. Jackie Apodaca	Manzano	93' 11"
6. Sarah Romero	Highland	93' 7"
7. Luisa Herrera	West Mesa	90' 2"
9. Madeline Muraida	Academy	87' 10"
9. Nicole Wood	Manzano	87' 10"
10. Maria Ksor	Highland	87' 7"
10. Margarita Medici	Sandia	87' 7"

Times and marks will be submitted to the Albuquerque Journal  
Top Ten List compiled by John Flores & Sheryl Clemmer as of March 27, 2010