
7.21 TRACK AND FIELD

7.21.1 General Rules/Policies

- A. Classes - There are five (5) classes in both boys and girls: A, AA, AAA, AAAA, and AAAAA.
- B. Practice Dates - Practice may begin on the Monday of Week #33.
- C. Meet Limitation- Each varsity team/individual is limited to ten (10) meets prior to the district event. Each sub-varsity team/individual is limited to seven (7) meets.

NOTE: The Marilyn Sepulveda Track and Field Meet does not count against the overall ten-meet team limitation for that season. If an individual accepts an invitation to participate in this particular meet, it does count against that individual's track and field season meet limitation.

- D. Event Participation Limits - A contestant may participate in a maximum of five events per meet but no more than four may be track events, and no more than four may be field events. Further, no more than three of the four track events allowed can be 400 meters or longer, which includes participation in relays.

Example of distance combinations:

3200 M run, 1600 M run and 800 M run plus 1 other under 400 M. 3200 M run, 1600 M run and 400 M run plus 1 other under 400 M. 1600 M run, 800 M run and 400 M run plus 1 other under 400 M.
400 M leg (1600 Relay), 3200 M run and 1600 M run plus 1 other under 400 M. 1600 M run, 400 M leg (1600 M relay) and open 400 M plus 1 other under 400 M.

- E. NMAA District Clinic - At least one head boys' coach and one head girls' coach from each declared track and field school must attend the NMAA district clinic at the NMTCCCA Coaches Clinic in January, or complete the district clinic online at www.nmact.org between February 1st and February 28th (February 29th in a leap year). Failure to comply shall result in a \$100 fine to the school per head coach which will be assessed on March 1st.
- F. All head Track and Field coaches and all Pole Vault coaches must have successfully passed the Pole Vault Safety Certification Board Exam at the NMTCCCA Coaches Clinic in January, or online at www.pvscb.com, prior to competition by their team's athletes.
- G. State Qualifying Standards – State qualifying standards will be determined by the Track and Field Sports Specific Committee at the beginning of each two-year block to be used for that entire two-year block.

7.21.2 District Alignments 2006-2007/2007-2008

Class 5A – Track & Field

of Schools 22

District	District	District	District	District
1-5A	2-5A	3-5A	4-5A	5-5A
Cibola	Albuquerque High	Alamogordo	Carlsbad	Eldorado
Gallup	La Cueva	Gadsden	Clovis	Highland
Rio Rancho	Sandia	Las Cruces	Hobbs	Los Lunas
West Mesa	Santa Fe Valley	Mayfield		Manzano
		Oñate		Rio Grande

Class 4A – Track & Field

of Schools 22

District	District	District	District	District
1-4A	2-4A	3-4A	4-4A	5-4A
Aztec	Bernalillo	Deming	Artesia	Albuq. Academy
Farmington	Capital	Santa Teresa	Goddard	Belen
Kirtland Central	Española Valley	Silver	Roswell	Del Norte
Piedra Vista	Los Alamos			Grants
Shiprock	Taos			Moriarty
				St. Pius

Class 3A – Track & Field

of Schools 27

District	District	District	District	District
1-3A	2-3A	3-3A	4-3A	5-3A
Bloomfield	Pojoaque	Chaparral	Dexter	Cuba
Crownpoint	Raton	Cobre	Lovington	Hope Christian
Newcomb	Robertson	Hatch	NMMI	Laguna
Tohatchi	Santa Fe Indian	Hot Springs	Portales	Sandia Prep
Wingate	St. Michael's	Socorro	Ruidoso	Thoreau
Zuni	West Las Vegas			

Class 2A – Track & Field

of Schools 33

District	District	District	District
1-2A	2-2A	3-2A	4-2A
Navajo Pine	Coronado	McCurdy	Monte del Sol
Navajo Prep	Dulce	Mesa Vista	Mora
Pine Hill	Escalante	Peñasco	Pecos
Ramah	Jemez Valley	Questa	Santa Fe Prep
Rehoboth			

District	District	District	District
5-2A	6-2A	7-2A	8-2A
Cloudcroft	Clayton	Capitan	Bosque School
Lordsburg	Santa Rosa	Eunice	East Mountain
Mescalero	Texico	Jal	Estancia
Tularosa	Tucumcari	Loving	Menaul

Class 1A – Track & Field

of Schools 45

District	District	District	District
1-1A	2-1A	3-1A	4-1A
Cimarron	Desert Academy	Dora	Clovis Christian
Des Moines	Española Military	Elida	Grady
Maxwell	Evangel Christian	Floyd	House
Moreno Valley	NMSD	Ft. Sumner	Logan
Roy	Santa Fe Waldorf	Melrose	Mosquero
Springer	Temple Baptist		San Jon
Wagon Mound	To'Hajiilee		
	Victory Christian		
	Walatowa		

District	District	District	District
5-1A	6-1A	7-1A	8-1A
Animas	Alamo-Navajo	Carrizozo	Gateway Christian
Cliff	Gallup Catholic	Hondo	Hagerman
Quemado	Magdalena	Mountainair	Lake Arthur
Reserve	Tse'Yi'Gai	NMSBVI	Tatum
		Vaughn	Valley Christian

7.21.3 District Meets

A. District meets are held during:

1. Week #44 for Classes A and AA, for both boys and girls.
2. Week #45 for Classes AAA, AAAA and AAAAA, for both boys and girls.

B. The district meet is under the direction of the district chairperson or his/her designee.

C. State Championships Qualifying Information

1. District Meets in Classes A and AA - In each district meet, the first two (2) places in individual events, plus the first-place team in each relay event advance to the State Championships. In addition, individuals or relay teams that meet the special qualifying times, heights or distances set by the NMAA are eligible to be entered.
2. District Meets in Classes AAA, AAAA and AAAAA - In each district the first two places in individual events and the first and second place teams in relay events advance to the State Championships. In addition, any individuals or relay teams that meet the special qualifying times, heights or distances set by the NMAA are eligible to be entered.

NOTE: A school may qualify only one (1) team in a given relay event.

NOTE: During district track and field meets, second-place ties in the jumping events are broken using the procedure as outlined in Rule 2-2 of the National Federation Track and Field Rulebook. However, if a tie still exists, a jump-off shall occur (only two jumpers may qualify by place out of the district meet).

3. Procedure for Approval of Special Qualifying Meets

Individuals or relay teams must achieve the minimum qualifying times, heights or distances set by the NMAA for the respective classifications. Performances achieved and recorded at an approved invitational meet during the defined Track and Field season for the respective classifications are eligible for seeding into the NMAA State Track and Field Championships.

To be considered for approval, all qualifying meets must satisfy the following conditions:

- a. The regular season invitational meet must be comprised of teams representing at least three (3) schools.
 - b. Declared special qualifying track and field meets must be submitted and approved by the NMAA in advance of the season, prior to Monday of Week #31. This form may be found on the NMAA website at www.nmact.org. The link for submitting this information is located on the Forms section of the NMAA website. Once approved, acknowledgement will be made from the NMAA with the meet host.
 - c. A simultaneous starting device must be used for all running races.
- #### 4. Certification of Qualifying Results
- a. For individual and/or relay team results to be considered based on meeting the qualifying marks (at a qualifying or district meet), the times, heights and/or distances must be verified by the end of that meet. The official results must be certified by the meet referee and sent to the NMAA office within a week of the conclusion of the meet.
 - b. It is the responsibility of the coach to submit qualification information for his/her athletes at www.directathletics.com. No other forms of submissions will be accepted. Member schools have seven (7) calendar days to post qualifying marks established at qualifying meets.
 - c. District meet results and the season composite of results are due by entering the qualified athletes and teams at www.directathletics.com on the Sunday prior to the State Championships (12:00 noon). This system will no longer take entries after this time.

5. Special qualifying times, heights and distances for the state championships are made available each year through the NMAA office by a formula that is established by the Track & Field Sports Specific Committee.

NOTE: Qualifying marks in running events must be submitted to the nearest hundredth second for seeding purposes.

6. Deadlines for State Championships Seeding
 - a. All results must be submitted to the NMAA office no later than 12:00 noon on Sunday prior to the state championships through www.directathletics.com. A \$500 fine will be imposed to each school that makes additions to their team state championship entries after the published entry deadline.
 - b. School representatives shall have a window of opportunity to declare participants and/or make adjustments for errors from Sunday at 5:00 p.m. through Monday at 5:00 p.m. When a participant is declared within that window to a particular event, no further adjustments will be made or accepted, regardless of the problem or its origin once the deadline is achieved.
 - c. The individual events a participant will be entered in must also be declared prior to the deadline (5:00 p.m. on Monday during the week of the state championships).
7. Certified Officials
 - a. A certified NMAA/NMOA Track & Field Official must be present and sign all meet results at the conclusion of each qualifying meet. If this criterion is not met, the meet will not be considered a qualifier toward the state championships. These results must be sent to the NMAA office within seven (7) calendar days.
 - b. Meet referees may not be a coach from a competing school at that qualifying meet.
 - c. Coaches may be meet referees/officials at meets in which their team(s) are not competing.

7.21.4 State Championships

- A. Dates:
 1. Week #45 for Classes A and AA, for both boys and girls.
 2. Week #46 for Classes AAA, AAAA and AAAAA, for both boys and girls.
- B. A mandatory meeting will be held prior to the state championships which must be attended by a team representative. Failure to attend without proper communication to the Event Director will result in sanctions at the discretion of the Executive Director.
- C. The metric system is used for track events; the English system is used for field events.
- D. There are no preliminaries in the 800 meter run, 1600 meter run or 3200 meter run.
- E. In all races except distance events, contestants qualify for the finals on the basis of time only.
- F. Eight (8) participants in individual events and eight (8) relay teams qualify for the finals. Points and medals are awarded to the top six (6) places in each event
- G. Individual events are scored: 7-5-4-3-2-1; relays scored 10-8-6-4-2-1.
- H. Each high-point individual (by class and gender) receives a recognition award.

I. Lane assignments are as follows (fastest to slowest).

Curved races: 3, 4, 5, 6, 7, 8, 2, 1

Straight races: 4, 5, 3, 6, 2, 7, 1, 8

J. AAA/AAAA/AAAAA Only - The staggers for the 1600 meter relay will include three turns (the second runner may cut at the beginning of the far straight-away).

K. A/AA Only – The staggers for the 1600 meter relay will include two turns (the second runner may cut at the end of the exchange zone).

L. State Track and Field Championships

Events are for both boys and girls unless noted otherwise.

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| 1. | 100 meter dash | 11. | 800 meter relay |
| 2. | 200 meter dash | 12. | 1600 meter medley relay |
| 3. | 400 meter dash | 13. | 1600 meter relay |
| 4. | 800 meter run | 14. | Shot Put |
| 5. | 1600 meter run | 15. | Discus |
| 6. | 3200 meter run | 16. | Long Jump |
| 7. | 100 meter hurdles – girls | 17. | High Jump |
| 8. | 110 meter hurdles – boys | 18. | Javelin |
| 9. | 300 meter hurdles | 19. | Pole Vault |
| 10. | 400 meter relay | 20. | Triple Jump |